**Prevalence of obesity among adults in developed countries (% obese)**

|  |  |  |
| --- | --- | --- |
| **Rank** | **Country** | **Rate** |
| 1 | Mexico | 32.8 |
| 2 | United States | 31.8 |
| 3 | Syria | 31.6 |
| 4 | Venezuela | 30.8 |
| 4 | Libya | 30.8 |
| 6 | Trinidad & Tobago | 30.0 |
| 7 | Vanuatu | 29.8 |
| 8 | Iraq | 29.4 |
| 8 | Argentina | 29.4 |
| 10 | Turkey | 29.3 |
| 11 | Chile | 29.1 |
| 12 | Czech Republic | 28.7 |
| 13 | Lebanon | 28.2 |
| 14 | New Zealand | 27.0 |
| 14 | Slovenia | 27.0 |
| 16 | El Salvador | 26.9 |
| 17 | Malta | 26.6 |
| 18 | Panama | 25.8 |
| 18 | Antigua | 25.8 |
| 20 | Israel | 25.5 |
| 21 | Australia | 25.1 |
| 21 | Saint Vincent | 25.1 |
| 22 | Dominica | 25.0 |
| 23 | United Kingdom | 24.9 |
| 23 | Russia | 24.9 |
| 25 | Hungary | 24.8 |

**Prevalence of obesity among adults in developed countries (% obese)**

Nearly a third of Mexican adults (32.8 percent) are considered obese—people aged 20 and older whose body mass index (BMI) is 30 and above. That edges the United States, where 31.8 percent of American adults are considered obese.